

Discipleship Tip: Fellowship, Prayer & Community

"Everyone wants fellowship, whether you're in church or out of church..." So get connected with people and they will get connected with God and church!

Check out Julie Maconachie's chat to Heidi Wysman about her connect groups vision and growth for more ideas: <http://www.myc3church.net/node/1014>.

Connect Group Notes 22 August 2010

Attitude: Healing the Wounded Spirit – Ps Phil Pringle

Proverbs 4:23 (NKJV). "Keep your heart with all diligence, for out of it spring the issues of life."

Attitude will determine the ceiling in our lives. Negative attitudes develop in our lives because we either give away our hearts too easily or our hearts are 'taken' from us.

This verse starts "Keep your heart..." because it's our hearts that end up being wounded and where attitude is influenced.

The Word of God talks about "Love believing all things..." but it also speaks about the need to "prove all things". We need to be smart Christians. Be willing to ask advice from seasoned people in the area of need: marriage, business, parenting etc. There is more hope for a fool than for someone who thinks they know everything.

Hold onto your heart with all diligence. Everything comes out of the heart, the core of our being, therefore, be diligent to keep it healthy.

"Keep" infers heart under attack. **2 Cor 2:7-11**. Enemy of our soul has schemes and snares to trap us. Unforgiveness torments us more than the person who wounds us. Need to get fiery darts of enemy out of hearts. "Healing the Wounded Spirit" by Ps Phil his biggest selling book. This written after his own experiences.

Jesus doesn't condemn, He comes to heal.

4 ways hearts can be broken:

- **Prov 13:12**. Hearts become sick. Can happen through disappointment. The 'whats' are in our court, the 'when' is in His court. Patience still believes with a good attitude. In **Ex 6:9** Moses suffered 'anguish' because of disappointment.
- **Prov 15:13**. A broken spirit. Happens when trust is broken. **Ps 54:4** and **Ps 64:3** speak of a cut spirit. God allows healing time that includes a touch from Him but also close contact with good people. Healing brings closure, we need to activate forgiveness, and we need antiseptic (cleansing) in form of people that are clean.
- A Bruised spirit. Jesus doesn't crush a bruised spirit. He will not crush a broken reed.
- Poisoned spirit. **Ps 149:3**. Worship is the best antioxidant for our spirit, to allow Holy Spirit to cleanse and touch our own.

TALK ABOUT

- **What can we do to "guard our hearts diligently"?**
- **Do you need to forgive someone now?**
- **Have you got people in your world that can speak truth and love and act as an antiseptic for our hearts? Is there someone you can be that person for?**

PLEASE REPORT! <http://myc3church.net/cgi-bin/exform.pl>
Ps Phil Pringle's Blog <http://philpringle.wordpress.com/>
Ps Phil Pringle's Twitter <http://www.twitter.com/philpringle>

Connect Leader Training

Please remember that Connect Leader Training is coming up at the Oxford Falls Campus on Tuesday 24th August. Training starts at 7.30pm, is held in the Glasshouse and only 2 hours long. And don't forget, its free of charge! Please send your assistant leaders and any up and coming leaders to the training for them to be equipped to run a connect group. Its also a great refresher for all connect group leaders. RSVPs can be sent to connect@my3church.net.

EveryWoman 3

The third EveryWoman night for all 3 campuses is this Thursday 26th August at 7.30pm! This year the EveryWoman nights will be on the same night at each campus, just with a different speaker. Oxford Falls: "Food Glorious Food" with our very own Master Chef Jane Grover. "Food for your body, food for your soul". City: Seasons, Smiles and Swapping Stories, three different woman in three different seasons all finding God and loving the journey. Silverwater: The value of a woman with Ps Joy Horan. As well as seeing how to dress for your budget, your shape and your style!