

Timetable Outline for Pastoral Care Major at C3 College in 2010

Structure of Major - 1 day a week – 4 hours per day planned for Fridays in academic week.

Note: Some details are subject to change.

	9:00am – 11:00am	11:30am – 1:30am
Term 1	<p><u>Case Management Theory & Practice in Pastoral Care</u> Introduction to Case Management principles in Pastoral Care Case Notes and other documentation Initial Assessment / Risk Assessment Development of Support Plan Referrals & Research & Awareness of and Communicating with community resources & Agencies Cultural appropriateness for Pastoral Care Reporting skills (mandatory) Long term pastoral case management.</p>	<p><u>Introduction to Pastoral Care Theory and Practice 1</u> The Word of God in Pastoral Care Integration into Practice/Ethics The Holy Spirit and prayer in Pastoral Care <u>Pastoral Care Practice</u> Theory/Framework to Pastoral Care Boundaries of a Pastoral Care worker/Pastor/Duty of Care responsibilities Pastor/client boundaries – avoiding burnout Personal Spiritual Warfare for the Pastor Code of Conduct for Pastors/Workers Incident reporting</p>
Term 2	<p><u>Introduction to Pastoral Care Skills 1</u> Personal listening and reflecting skills for the church member/Pastor relationship Confidentiality and Privacy Law First Session Expectations and Agreements/Ethics Case Reviews Exits Following up Transference Suicide Interventions Supervision & accountability</p>	<p><u>Pastoral Care Theory and Practice 2</u> Including <u>Supervision</u> including Group skills and Leadership and <u>Pastoral Care Issues</u> Addictions (sex, drugs, alcohol, gambling etc) Eating disorders Anxiety Depression Psychosis</p>
Term 3	<p><u>Pastoral Care Skills 2</u> a. <u>Marriage & Family</u> Family Systems Model Domestic Violence and the Law b. <u>Solution Focused Pastoral Care Model Intro</u></p>	<p><u>Pastoral Care Theory and Practice 3</u> <u>Supervision Groups</u> <u>Pastoral Care Issues 2</u> Personality disorders Trauma & Abuse Abuse in Churches</p>
Term 4	<p><u>Pastoral Care Skills 3</u> <u>Solution Focused Pastoral Care Model Issue based practice</u> Spiritual Deliverance Developing & implementing a pastoral care model for a local church</p>	<p><u>Pastoral Care Theory and Practice 4</u> Supervision Groups <u>Pastoral Care Issues 3</u> Grief Pastoral Care Management Plans Prophecy and Evaluation 18 hours total</p>

Supervision groups

Coordinator: Jo McDonough

This Module will be introduced with brief teaching on Group Dynamics and Group Leadership styles.

There will be 2 hour Sessions run every two weeks from Term 2 onwards. One hour spent in Group Supervision and the second hour in Role Plays as a means to building skills and for assessment purposes.

On the Job Training

30 hours of ministry placement in an appropriate person-helping Church based Course, Program or Service e.g. Search for Life, Christian Essentials, Valiant Man, etc. This Module will be introduced in Term 1 by a Class handout and students will have their Workplace positions arranged by, and approved by the end of Term 1.

Careforce Life Courses Facilitator Training

We will consider offering this training out of Class, as part of **On The Job Training** for those students who want it.